

Northville Swim Club August 2009 Newsletter

SWIM TEAM

The Penguins had a great time at the 2009 League Meet. Despite threatening thunder and rain, the full day meet at Newburgh Swim Club went off without delay. The swimmers enjoyed the meet theme of Peace, Love and League meet, proudly wearing their hand-made tie dyed shirts in the swimmer parade. For season results, as well as a link to photos and video of the team done by the Northville Record, see the [Swim Team Page](#) on the club website.



Safety First

Recently, it has come to our attention that guests and young members are having trouble following club rules. These rules are posted on clean, new, professionally designed and painted signs. They are

PENGUINS HAVE RECORD SETTING SEASON

On Saturday, July 25th, the Northville Penguins ended a very exciting and memorable swim season. The Mixed 10 & Under 100 Meter Freestyle Relay of **Nic Fielden, Alissa Moore, Darby Mroz, and Laura Westphal** not only won the League title by getting 1st place, but also set a League Meet Record! This was actually Nic Fielden's second record for this 2009 season. Earlier in June, he broke a 20 year old club record in the 10 & Under Boys 25 Meter Freestyle swimming a fast 15.21 seconds! That same night, **Trevor DeGroot** also broke another long standing club record in the 10 & Under Boys 25 Meter backstroke clocking in to set a new record at an impressive 18.53 seconds. We congratulate all of these swimmers on their impressive swimming this year.



Coach Baily gets (left to right) Nic, Laura, Darby and Alissa ready for their record setting relay swim!!!!!!

We are also happy to report there were 5 individual League Meet Champions and 1 additional relay team:

Laura Westphal - Girls 10 & Under 25 Freestyle
Jeremy Puckett - Boys 8 & Under 25 Backstroke
Mike Knoth - Boys 10 & Under 25 Breaststroke
Jensen Pecora - Girls 12 & Under 50 Breaststroke
Alissa Moore - Girls 10 & Under 25 Butterfly
Alissa Moore, Darby Mroz, Mike Knoth, Nick Fielden - Mixed 10 & Under Medley Relay.

For a list of all the Penguin point winners at League Meet, please see the [swim team page](#) of the website.

NSC TO HOST 2010 LEAGUE CHAMPIONSHIPS

July 31, 2010 will be here before we know it and there is much work to be done. We are looking for volunteers to commit in

located on the side of the clubhouse, near the diving well, on the slide, and in the baby pool area.

Please take a few minutes on your next visit to review each rule with your children and guests.

Bring rule violations to the immediate attention of the managers or lifeguards. We would rather have too many complaining parents than one tragedy. If safety permits, it can be useful to point out a rule violation in progress to management. These can be teaching moments for our staff.

As we are all owners of the club, please make sure to keep tabs on your own children's actions and whereabouts as well.



advance. For those members who do not have active swimmers on the swim team, 5 guest passes can be earned for every hour worked. Join in the fun! No experience necessary! If you are are interested, please email [Mary Jensen](#).

KID'S DAY, FRIDAY, AUGUST 7TH - Noon to 4PM

There will be games, prizes, pinatas and lots of candy. Lunch will be pizza, fruit salad, breadsticks and a drink. There will be a staff production. All for \$5 a person.

CHARITY EVENT, SATURDAY, AUGUST 15th - 7-11AM

Come Take the Penguin Pledge Plunge!!!

For \$50, you can sponsor a lane between 7-11AM. You can use it to swim laps, tread water, float, do handstands, have an underwater tea party, or have relay races. Anything you want for 30 minutes. One person can sponsor or 10 persons. Get your friends together and have some fun for a good cause. Visit the [website](#) for more information.

AQUATICS UPDATE

The NSC Triathlon team training is up and running, swimming and biking - - join us for a swim clinic session Monday August 3rd during Adult Lap Swim at the club 6:00 am. Some of us will be participating in the Island Lake of Novi Triathlon on August 16th!! Can't join us this year?? Stay tuned for 2010!!

Deep water aerobics is coming back to NSC during August!! We are trying to get a headcount of interested participants. Please email [Gail Mroz](#) if you are interested. More info regarding dates and times will be on the NSC website!!

Adult lap swim on Monday, Wednesday and Friday mornings may continue past the August 7th scheduled end date. Check the NSC website for updates.

Synchronized swimming anyone?? We are looking into a 2010 synchronized swim show put on by our very own NSC swimmers!! Anyone with synchronized swimming experience or interest... please contact [Gail Mroz](#).

CONEY NIGHT, ICE CREAM SOCIAL, FAMILY PARTY...

Don't let the summer pass by without attending the following events:

Coney nights- Wednesdays, August 5th and 12th.
Ice Cream Social- Sunday, August 9th
Teen Party- Tuesday, August 18th
Family Party- Sunday, August 23rd.

For more information on any of these events, see the [Social Page](#) on the website.

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