

GENERAL RULES

1. Alcoholic beverages, glass, are not permitted *anywhere* on NSC property at any time.
2. Vehicles must be driven slowly and carefully on the entrance road and when entering the parking area, always moving to the right, COUNTER CLOCKWISE
3. Bicycles must be parked in the bicycle rack only.
4. Only authorized persons are allowed in pump or equipment rooms, or behind the front desk.
5. Conversation with lifeguards while guarding is not allowed.
6. Any concerns should be shared with the manager on duty.
7. Staff has the authority to enforce all club rules.
8. Smoking is prohibited within the fenced-in area of the club.
9. Pets are not permitted on NSC property.

CHECK-IN

1. All members must provide their membership numbers AND record the names of ALL attending family members (and guests), both FIRST AND LAST NAMES at the front desk when entering and leaving the Club.
2. ALL members must have a current family photo (showing all members in one picture) on file at the front desk.
3. A valid photo identification will be required of all members who do not have a family photo on file.
4. Guest fees are \$5.00 per person per calendar day regardless of whether they swim or not. Members may use earned passes to pay for guests per policy.
5. Members are required to acquaint all guests with all rules and policies.

RULES RELATED TO ALL POOLS

1. All swimmers are required to take a shower using soap each time before entering the water.
2. Persons wishing to sit on the side of the pool must soap/shower any body parts that will go in the water or will be splashed by water.
3. Those leaving the pool for any amount of time or using the grassy area must re-shower before entering the pool.
4. Individuals with skin abrasions, colds, coughs, inflamed eyes, infections or wearing bandages **are not permitted to swim.**
5. Infants and toddlers not yet potty trained must wear diapers made especially for swimming.
6. Personal flotation devices, snorkels, masks or goggles that cover the nose or fins are not permitted in any pool.
7. A long whistle from the Lifeguard means clear the pool until further notice.
8. Pools will be closed upon first sighting lightening or hearing thunder, and will remain closed up to 30 minutes after either is last sighted or heard.
9. NO Gum, candy, or food is allowed in any of the pools.
10. Removal of drain covers, grates, etc. is prohibited.

THE MAIN POOL

1. Swimmers are not permitted to hang on or jump over any lines dividing the pool.
2. Lines dividing the pool for specific activities are not to be trespassed.
3. Back dives, handstand dives, flips, or any other unsafe entries are not permitted.
4. Shoulder rides, throwing people, or other unsafe stunts are not permitted.
5. Dunking, splashing, games, or other activities are not permitted if they restrict the free and comfortable swimming of others.

THE DIVING POOL

1. Once up on any board, you must go off; there is to be no climbing down ladders.

2. Divers must wait on the deck for the previous diver to leave the board and wait on the board for the previous diver to swim to the ladder.
3. Divers may bounce only once for each dive.
4. Divers must go straight off the end of the boards.
5. There is one designated ladder for each board. Divers must use the correct ladder for each board
6. Free swimming is not allowed in the diving pool except during designated non-diving times. After diving, divers must swim directly to the ladder without delay.
7. Hanging, sitting, handstand, or other unsafe dives are not permitted.

THE BABY POOL

1. This pool is for children not yet in First grade who must be accompanied by a supervising adult or registered baby-sitter in the fenced in area.
2. Please leave the gate to the baby pool closed at all times.
3. There is no lifeguard in the baby pool area. Swimming liability is assumed by the adult responsible for each child.

THE SLIDE

1. Only Sitting slides are allowed.
2. No goggles or masks are permitted on the slide.
3. Only one person is allowed on the slide at a time. You may not climb the ladder until slide is clear.
4. Once on the slide you may not climb down the ladder.
5. You must wait for the landing area to be clear to slide.
6. Once in the water you must clear the landing area quickly.

THE POOL DECK

1. Food or beverages are NEVER allowed on the pool deck and are only permitted in grassy areas or the Cabana.
2. Street shoes are not allowed on the deck, between the red line and the pools.
3. Chairs or other obstructions are not allowed between the red line and the pools.
4. Running, pushing, wrestling, ball playing and other undue disturbances are prohibited on the deck.
5. Suntan lotions are permitted on the deck, but the user MUST take a soap shower before entering any pool.

THE BATHHOUSE AREA

1. The Club is not responsible for valuables; such items should be left at home.
2. No horseplay of any kind is allowed in the locker rooms or shower rooms.
3. Locks on lockers are not allowed for overnight use and will be removed.

OTHER AREAS

1. Please do not litter. Use recycling bins where available and designated.
2. Recreation equipment signed out at the front desk must be returned in the same condition as when it was loaned.
3. Gas grills are available. Users are responsible for cleaning after each and every use.
4. The playground, basketball and volleyball court areas are unsupervised. Use of these areas is at your own assumed risk. Only age appropriate play is permitted.
5. Umbrellas are to be operated by STAFF only. They are not to be monopolized.
6. Lane lines are to be installed or removed by staff only.
7. The Cabana and Snack Shack are for the comfort and convenience of members and guests. Please share and maintain appropriately.
8. Overall, NSC facilities are for the use and enjoyment of all. Consideration of others is requested at all times.